

## PHASED REOPENING PLAN

# SOCIAL GUIDELINES

### FOR RESIDENTS and VISITORS

As outlined in the state’s [Utah Leads Together 2.0 plan](#), the Moderate Risk or “Orange” phase asks residents and visitors to:

- Follow strict hygiene standards, including:
  - Do not shake hands.
  - Wash hands frequently with soap and water for at least 20 seconds.
  - Use hand sanitizer frequently.
  - Avoid touching your face.
  - Cover coughs or sneezes (e.g. into a tissue, sleeve, or elbow; not hands)
  - Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, restroom surfaces).

### General Public

- Stay 6 feet away from others whenever possible when outside the home.
- Wear a face covering when in public settings where social distancing is difficult to maintain consistently.
- Continue prioritizing virtual interactions over in-person meetings.
- Leave home infrequently.
- Limit in-person interactions to individual households that have also been following recommended distancing and hygiene guidelines. Continue to rely on virtual interactions.
- Limit social interactions to groups of 20 or fewer and maintain social distancing.
- Limit out-of-state travel, and quarantine for 14 days upon returning home.
- Work remotely when possible.

**High-Risk Individuals.** People over 65 and anyone with an underlying medical condition should:

- Wear a face covering at all times when outside the home.
- Leave home only when essential, such as to attend work that cannot be done remotely.
- Limit visiting friends or family without urgent need.
- Limit physical interactions with other high-risk individuals, except for members of your household.
- Limit attending gatherings of any number of people outside your household or residence.
- Do not visit hospitals, nursing homes, or other residential care facilities.

**Family Gatherings (funeral, wedding, religious ceremonies).** Small group of close family and friends who are not ill may attend, if they have been following recommended social distancing and hygiene practices for at least two weeks.

**Playgrounds, Team Sports, and Group Activities.** As outlined in [Utah Leads Together 2.0](#), playgrounds remain closed, and team sports and group activities remain prohibited, under the Moderate Risk or “Orange” phase of the reopening plan.

**All Retail Establishments.** Face coverings are extremely important in retail settings, as customers are passing one another with high frequency, so both customers and employees should wear face coverings.

### FOR MORE INFORMATION

This fact sheet summarizes key social guidelines for Salt Lake County residents and visitors. Additional information is available in the state’s [Utah Leads Together 2.0 plan](#), or call Salt Lake County Health Department at 385-468-INFO (4636).